

Traditional Worship Service

Anxious and Afraid (Fear and
anxious thoughts)

September 22, 2024

Not Alone: Mental Health and
Faith

Length
in mins

5:00	Prelude
1:30	Live Stream Startup
3:00	Introit Please list artist and title here – Remove item if there is no introit
5:00	Welcome & Announcements
1:00	Call To Worship Liturgist: Dan O'Neill Leader: The Lord listens to us in times of trouble and joy. People: We call to the Lord in our anxiety and fear. Leader: God will not turn away from us. People: God will never leave us nor forsake us. Leader: Let the Lord of life enter into your spirits. People: Lord, come to us and give us spirits of courage and strength.
0:00	<i>I Need Thee Every Hour</i> UMH #397 (vs. 1, 2, 3, 5)
1:00	Unison Prayer Our God of refuge and strength, we come to you to seek your mercy and shelter from the storms and struggles of life. We come seeking refuge for the fear and anxiety that overwhelm us. We come seeking refuge, seeking your peace. Be with us now, as we take refuge in your goodness, your love, and your hope, and fill us as your people. Amen.
3:30	Special Music "My Faith Looks Up to Thee," Chorale
5:00	A Time for Children Noelle Allison, Director of Children and Families Indicate special props, placement and movement if known.
1:00	Scripture Readings Exodus 3:10-14; 4:1-5, 10-13
5:00	Pastoral Prayer and The Lord's Prayer
1:00	Offering Our Gifts to The Lord - Breakthrough Prayer
4:00	Offertory "In My Blood," Elizabeth Gore Stanley, Soloist
1:00	<i>Doxology</i>
20:00	Message Title: Anxious and Afraid (Fear and anxious thoughts) Scripture: Matthew 6:25-34 Pastor Laura Rainwater
0:00	<i>#374 Standing on the Promises</i> UMH #374
1:00	Benediction
2:00	Postlude

**Length
in mins**

51:30
